

**Cape Town Cricket Club**  
**COVID 19 Health and Safety Policy**  
**Updated – 15 October 2020**

**General Policies:**

- **Regarding masks or facial coverings:**
  - Non-coaching staff (administrators/cleaners) – masks will be required at all times
  - Coaching staff – masks/face shields will be worn at all times.
  - Parents – masks/face shields will be required at all times
  - Cricketers/Players – masks/face shields will be required at all times
- **Upon entry to the field/coaching facility (applicable to non-coaching staff, coaching staff, parents and cricketers/players):**
  - Temperature taken and recorded by designated screener
  - Please arrive in your playing clothes as change rooms will be closed
  - Shoes will be required to be sprayed before entering the nets
  - Sanitize hands on entry
  - Leave bag in designated bag drop area (2m space between each bag – clearly indicated by markings) Plastic chair/bench for padding up to be sanitised between nets change
- **Upon exiting the field/facility (applicable to non-coaching staff, coaching staff, parents and cricketers/players):**
  - Collect belongings while maintaining physical distance
  - Sanitize hands on exit
  - Leave immediately.
  - Keep masks/face shields on until you reach your vehicle.
- Participants will be required to bring their own water bottles so water fountains/taps are not shared. These will be left in the participant's bag for the duration of practice or match.
- **Bathrooms:**
  - Change rooms will be closed. Please change at home.
  - Only 1 person at a time will be allowed in the bathroom
  - Soap will be provided

Roller towel will be available for hand drying. Cricketer/player will be required to use their own hand towel if they require one. These can be left in their bags.

- Proper handwashing will be emphasized for anyone using the restroom, including posters of correct handwashing technique.

**Cleaning and Sanitation Guidelines:**

- Follow cleaning guidelines as per supplied product guidelines
- Where possible, all equipment will be properly sanitized after each practice and match.
- Frequently used items such as light switches, door handles, counter tops and taps will be sanitized regularly.
- A thorough clean of all areas will be done every day. Deep cleaning will take place once a week.

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- Foot operated hand sanitizers will be available at the entrance and exit as well as hand sanitisers throughout the club. Every person will be required to sanitize on entry and exit.
- Cricketers will be required to bring and use their own sporting equipment and towel.
- BATTING: No cricketer to touch balls, coach will collect balls
- BOWLING: Cricketer to use their own ball for bowling
- No sharing of equipment.
- Avoid cash payments where possible.
- Awareness posters placed throughout the indoor centre to remind cricketers/players of all policies.
- Entrance to the cricket net will be sprayed between lessons/net sessions.

### **Cricketers/Players Responsibility:**

Cricketers/players must be responsible for their own supplies (water bottles, equipment etc)

- Cricketers will be encouraged to keep 6m distance from teammates/coaches (when feasible), use hand sanitizer/wash hands frequently and to not to share water bottles or other personal items. They will be encouraged to tell coaches immediately when they are not feeling well.

### **Parent/Guardian/Spectator Responsibility:**

- Parents/guardians/spectators should ensure their child and immediate household members are free from illness before coming to the indoor centre (when in doubt, stay home!).
- Remind your child about not sharing items, keeping physical distance and hand washing.
- Please refrain from gathering in groups
- Please ensure all new policies are followed as above.
- Should you need to speak to the coach, where possible call/WhatsApp/email them.

### **Staff Responsibility:**

- CTCC has appointed a health and safety officer who will ensure all protocols are adhered to.
- All coaches & staff members will be thoroughly educated on all new policies by the health and safety officer.
- All staff will be screened (temperature and wellness check) every day.